

Counseling and Crisis Resources

Crisis Services Available Any Time

Mobile Mental Health Crisis Response:

Mental Health Professionals can come to you

- Becker County: **218-850-4357**
 - Toll free: **1-877-380-3621**
 - Services by Stellher Human Services
- Clay: **800-223-4512**
 - Services by Lakeland Mental Health Center

Suicide & Crisis Lifeline: 988

- Call or Text to 988 or Online Chat at 988LifeLine.org

Minnesota Warmline

651-288-0400

Toll Free **855-WARMLINE**

Text “**Support**” to **85511**

Online chat: MentalHealthMN.org

7-Days/week 9:00am – 9:00pm

For if you are struggling with mental health, but are not experiencing an emergency

Birchwood Therapeutic Services

BirchwoodCounseling.com

Fargo 701-532-1353

South Clinic

3369 39th St S Suite 2

Hours: Mon-Fri 8:00am - 5:00pm

West Clinic

4955 17th Ave S #122

Hours: Mon-Fri 8:00am - 5:00pm

Evening hours may be available

Lakes Crisis & Resource Center

24-hour Crisis Hotline

218-847-7446 or 877-754-9683

LakesCrisis.com

Detroit Lakes 218-847-8572

1339 Pelican Ln

Hours: Mon-Fri 8:30am - 4:30pm

Prairie St John's

Prairie-STJohns.com

Fargo 701-792-7200

Toll Free **877-323-9565**

510 4th St S

Phone answered 24/7

Rape and Abuse Crisis Center

24-hour Crisis Hotline

800-344-7273

No fees for services

RACCFM.com

Fargo 701-293-7273

317 8th St N

Hours:

Mon-Fri 8:00am - 5:00pm

Phone lines answered 24/7

Lakeland Mental Health

LMHC.org

Detroit Lakes 218-847-1676

928 8th St SE

Hours: Mon-Fri 8:00am - 5:00pm

Moorhead 218-233-7524

1010 32nd Ave S

Hours: Mon-Fri 8:00am - 6:00pm

Lutheran Social Services

LSSMN.org

Detroit Lakes 218-847-0629

211 Holmes St W, Ste 302

Hours: Mon-Fri 9:00am - 5:00pm

Moorhead 218-236-1494

3101 South Frontage Rd, Ste 100

Hours: Mon-Fri 9:00am - 5:00pm

Your mental health is every bit as important as your physical health.

Questions? We are here to help!

Becker County 218-847-5628 Clay County 218-329-4758

**Rural Enrichment and
Counseling Headquarters**

RuralEnrichment.org

Hawley 218-483-3145

421 5th St

Hours: Call for availability

Sagent Behavioral Health

sagentbh.com

Fargo 701-941-4503

5354 42nd St S, Suite B

Hours: Mon-Thurs 7:00am - 7:00pm

Fri 7:00am - 5:00pm

Moorhead

North Clinic 218-382-1267

2405 8th St S, Suite 200

Hours: Mon - Thurs

7:00am - 7:00pm

Fri 7:00am - 5:00pm

South Clinic 651-313-8080

819 30th Ave S, Ste 208

Hours: Mon-Thurs 7:00am - 7:00pm

Fri 7:00am - 5:00pm

St. Sophie's

St-Sophies.com

Fargo 701-365-4488

3201 33rd St. S

Hours: Mon - Fri 8:00am - 5:00pm

**Solutions Behavioral
Health Professionals**

SolutionsInPractice.org

Detroit Lakes 218-844-6853

1041 Hawk St

Hours: Mon-Fri 8:00am - 5:00pm

Fargo 701-412-2973

1635 43rd St. S. Ste 105

Hours: Mon 8:00am - 8:00pm

Tues, Wed, Thurs

8:00am - 5:00pm

Fri 8:00am - 4:00pm

Moorhead 218-287-4338

Toll Free **877-455-6417**

1547 30th Ave S

Hours: Mon 8:00am - 7:00pm

Tues & Thurs

8:00am - 5:00pm

Wed 8:00am - 6:00pm

Fri 8:00am - 4:30pm

Stellher Human Services

Stellher.com

Detroit Lakes 218-844-7601

1137 Jackson Ave

Hours: Mon-Thurs 8:00am - 5:00pm

Friday: 8:00am - 5:00pm

Village Family Services

Toll free **1-800-627-8220**

TheVillageFamily.org

Fargo 701-451-4900

2701 12th Ave S

Hours: Mon, Tue, Thurs

8:00am - 7:00pm

Wed, Fri 8:00am - 5:00pm

Moorhead 701-451-4811

815 37th Ave S, Suite 100

Hours: Mon, Wed

8:00am - 5:00pm

Tue 8:00am - 7:00pm

Thu 8:00am - 6:00pm

Fri 8:00am - 1:00pm



White Earth Mental Health

White Earth 218-983-6325

40520 County Rd 34

Ogema, MN

Hours: Mon-Fri 8:00am - 4:30pm

Your/your child's primary care provider may be able to provide mental health care or recommend other providers.

Please confirm the provider is in your health plan network.

For more provider options visit Fast-Trackermn.org